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 Amerikick Karate
 Warminster



FREE VIDEOS of all the
KATAS & TECHNIQUES.

Go to **Amerikick.com**
 on the upper right drop down menu
 is the **student center.**

Password:
myamerikick1967

Rosemore Shopping Center
 1047 County Line Rd **18974**

215-343-BEST

LESSONS FOR LIFE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AKX KICKBOXING & FITNESS	10:45-11:45am 7:45-8:45pm	11am-12:00 7:45-8:45pm	8:30-9:30 7:45-8:45pm	11am-12:00 7:45-8:45pm	7:00-8pm	8:15-9am
LITTLE DRAGONS Age 3-6	4:15-4:45	4:30-5:00	6:15-6:45	6:15-6:45 5:45-6:15 SPARRING	4:00-4:30	10:00-10:30
KIDS BEGINNERS White, Yellow, Orange	4:45-5:30	5-5:45	5:30-6:15	6:00-6:45	4:30-5:15	10:30-11:15
KIDS INTER. Purple, Blue, Green	5:30-6:15	6:45- 7:30	6:45-7:30	5:00-5:45 6:45-7:30 SPARRING	5:15-6:00	11:15-12:00
KIDS ADVANCED Brown, Red	6:45-7:30	6:45- 7:30	4:45-5:30	5:00-5:45 6:45-7:30 SPARRING	5:15-6:00	11:15-12:00
KIDS BLACK BELT	6:45-7:30	5:15-6:00 !	4:45-5:30	6:45-7:30 SPARRING	5:15-6:00	12:00-12:45
ADULT	7:30-8:30	7:30-8:30	7:30-8:30	6:45-7:30 Adult Sparring Yellow room		9:00-9:45
JOIN THE BLACK BELT CLUB & GET THESE EXTRA CLASSES!						
SPARRING ONLY AMERIKICK WHITE GEAR for Sparring	6:15-6:45 Sparring Drills & Skills	6:00-6:45 SPARRING		6:45-7:30 SPARRING Kids -Blue room Adults-Yellow room		
PREP for Black Belt Testing						12:45-1:15
BLACK BELT CLUB WEAPONS					6:00-6:45	
LITTLE DRAGONS SPARRING				5:45-6:15		
DEMO TEAM		Dragons 5-5:30 pm			Black Belts 6:30-7:15	All Belts 12:00-12:45

RESERVE YOUR BIRTHDAY PARTY NOW! \$299.00

We do it all! Invites, Cake, Snacks, Drinks, Games, Karate Fun!